

35 Minutes

## SESSION IV

### METHODS OF INGESTION AND INJECTION

## SESSION IV: METHODS OF INGESTION AND INJECTION

Upon successfully completing this session, the participant will be better able to:

- o Describe the common methods of ingesting drugs.

### CONTENT SEGMENTS

A. Methods of Ingestion and Injection

### LEARNING ACTIVITIES

o Instructor-Led Presentation

Aids	Lesson Plan	Instructor Notes
 <b>35 Minutes</b>   <b>Display</b> IV-1	<p><b>METHODS OF INGESTION AND INJECTION</b></p> <p>A. Methods of Ingestion and Injection</p> <ol style="list-style-type: none"> <li>1. Different drugs are taken into the body in different ways.</li> <li>2. If the means of ingestion of a drug can be determined, that can be a significant clue as to the drug category involved.</li> <li>3. The following are common means of ingestion: <ol style="list-style-type: none"> <li>a. Oral <ul style="list-style-type: none"> <li>o Some drugs such as certain depressants, stimulants and narcotic analgesics are taken in pill or capsule form.</li> <li>o Other drugs, such as hallucinogens are eaten in their naturally occurring form.</li> </ul> </li> <li>b. Nasal <ul style="list-style-type: none"> <li>o Stimulant drugs such as cocaine and methamphetamine are snorted nasally.</li> <li>o Heroin, a narcotic analgesic, is also occasionally snorted.</li> </ul> </li> </ol> </li> </ol>	<p>Selectively review each item as discussed.</p> <p>Also known as insufflation.</p>
HS 178B R2/06	IV-1	

Aids	Lesson Plan	Instructor Notes
	<p>c. Smoking</p> <ul style="list-style-type: none"> <li>o A common means of ingesting cannabis is by smoking.</li> <li>o Stimulants such as crack cocaine and methamphetamine are also smoked.</li> <li>o Narcotic Analgesics may be smoked.</li> </ul> <p>d. Inhaling</p> <ul style="list-style-type: none"> <li>o The fumes of gasoline, paints, glue and other chemicals are typically inhaled.</li> </ul> <p>e. Injection</p> <ul style="list-style-type: none"> <li>o Certain drugs are commonly injected by their users, via hypodermic needles.</li> <li>o Heroin is probably most commonly associated with injection, but several other types of drugs such as cocaine and methamphetamine also are injected by many users.</li> <li>o Discovering injection sites on a suspect provides additional evidence that he or she may be under the influence of specific types of drugs.</li> </ul>	<p>Ask participants: What drug is most often associated with injection via hypodermic needle?</p>

<b>Aids</b>	<b>Lesson Plan</b>	<b>Instructor Notes</b>
	<p>4. The use of rubber gloves when examining any suspected drug abuser is strongly recommended.</p>	<p><u>Stress</u> the importance of always wearing rubber gloves to reduce the likelihood of contracting infectious diseases such as, hepatitis or AIDS.</p>